

1. A treadmill arrangement, which comprises a treadmill and also a transmitter that is arranged to be connectable to a treadmill user and to transmit an electromagnetic signal,

5 at least one receiver that is arranged in connection with the tread-
mill to receive the signal transmitted by the transmitter,
an apparatus for processing the signal, and
an apparatus for generating information that is arranged to receive
the information arriving from the signal processing apparatus and to generate
10 therefrom the user's position data and/or control information, the transmitter
transmitting the electromagnetic signal being a transmitter part of a heart rate
monitor or a heart rate measuring system.

2. Arrangement as claimed in claim 1, wherein the arrangement further comprises two or more receivers that are disposed on two divergent
15 sides of the treadmill or clearly apart from one another.

adda' >

BEST AVAILABLE COPY

BEST AVAILABLE COPY